

Piergiorgio Mandarano

Competenze linguistiche

- **italiano:** Lingua madre
- **inglese**
 - Ascolto: C2
 - Lettura: C2
 - Produzione orale: C1
 - Interazione orale: C1
 - Scrittura: C1
- **francese**
 - Ascolto: A2
 - Lettura: B1
 - Produzione orale: A1
 - Interazione orale: A1
 - Scrittura: A2

Esperienza lavorativa

Child and Adolescent Psychiatrist 01/2025 – Attuale
ASST Melegnano–Martesana | Cernusco sul Naviglio, Italia

Adjunct Professor 2025 – Attuale
University of Bergamo | Bergamo, Italia
Currently holding the course within the Education Sciences degree. Designing and delivering lectures on child development, auxology, and preventive medicine, specifically tailored to future educators. Managing curriculum planning, didactic materials, and student assessments, ensuring the acquisition of key medical–pedagogical competencies.

Adjunct Professor 2025 – Attuale
University of Parma | Parma, Italia
Delivering lectures focused on Adolescent Psychopathology within the Child Neuropsychiatry course of different degrees in support of the chair's didactic framework.

After–Hours Medical Service 12/2024 – 12/2025
ASST Crema | Castelleone, Italia

Pediatric Neurology and Psychiatry Acute Care and follow-up – Speciality Training Year 4 11/2024 – 11/2025
ASST Papa Giovanni XXIII | Bergamo, Italia
Neuropsychiatric consultations in pediatric departments, neonatal pathology, and emergency care.

Neurodevelopmental Service (UONPIA) – Speciality Training Year 3 11/2023 – 11/2024
Fondazione IRCCS San Gerardo dei Tintori | Brugherio, Italia
Diagnosis and treatment of neuropsychiatric disorders, collaboration across multidisciplinary teams, and participation in regional projects.

Pediatric Neurology and Psychiatry Acute Care and Follow-up – Specialty Training Year 2B 04/2023 – 11/2023
ASST Papa Giovanni XXIII | Bergamo, Italia
Consultations in pediatric departments, neonatal pathology, and emergency care.

Adolescent Psychiatric Inpatient Acute Care Ward – Specialty Training Year 1 & 2A 11/2021 – 05/2023
Fondazione IRCCS San Gerardo dei Tintori | Monza, Italia
Clinical interviews, emergency interventions, and collaboration with a multidisciplinary team.

Primary Care Special Forces / Vaccine Specialist / Deputy General Practitioner 07/2021 – 10/2023
ATS Bergamo | Italia

Intern / Data Analyst 01/2018 – 07/2021
Fondazione Don Gnocchi | Parma, Italia
Clinical management of health prevention, research in the field of the autonomic nervous system, biometric analysis.

Onorificenze e riconoscimenti

EFPT Porto Research Award 2024 01/07/2024
European Federation of Psychiatric Trainees

In recognition of the best research protocol in Child & Adolescent Psychiatry. Awarded for the study **Target Profiles for Suicidality Prevention Based on Role-Playing: A School-Based Randomised Controlled Trial Protocol**, "acknowledging its methodological rigor and potential clinical impact.

<https://efpt.eu/awards/porto-research-award/awardees/>

Honorary Student Membership 01/11/2019
Academy of Medical Educators

Istruzione e formazione

Speciality Training in Pediatric Neurology, Child and Adolescent Psychiatry and Psychotherapy 11/2021 – 11/2025
University of Brescia | Monza, Italia

Livello EQF: 8

Doctor of Medicine & Master of Surgery (MD, MCh) 10/2014 – 07/2021
University of Parma | Parma, Italia

Livello EQF: 7

Medical Statistics (attendace) 2020
The Open University

Bachelor of Science in Biotechnology (attendace) 2013 – 2014
University of Milan | Milano, Italia

Livello EQF: 6

High School Diploma in Classics and Classical Languages, Literatures, and Linguistics

2008 – 2013

Liceo Classico Statale "Simone Weil"

Livello EQF: 4

 Pubblicazioni

Target profiles for suicidality prevention with role-playing interventions in adolescence: a call-to-action protocol

2024

P Mandarano European Child and Adolescent Psychiatry, ESCAP Communication

[10.1007/s00787-024-02630-4](https://doi.org/10.1007/s00787-024-02630-4)

Reduced Inter-variability of Psychopathological Traits within Families of Adolescents with Anorexia Nervosa

2024

A Riva, P Mandarano, E Brasola, F Bizzi, R Nacinovich Mediterranean Journal of Clinical Psychology 12 (1)

doi.org/10.13129/2282-1619/mjcp-3993

Heart rate fractality disruption as a footprint of subthreshold depressive symptoms in a healthy population

2022

P Mandarano, P Ossola, P Castiglioni, A Faini, P Marazzi, M Carsillo, ... Clinical Neuropsychiatry 19 (3), 163

doi.org/10.36131/cnfioritieditore20220305

Proposing a Novel Term: 'Preter-intentional Suicide'

2023

C Panarella, P Mandarano The Journal of Forensic Psychiatry & Psychology 34 (5-6), 560-561

doi.org/10.1080/14789949.2023.2250118

Perspective about Artificial Intelligence-Human Collaboration in Creative Decision-Making

2023

P Mandarano OSF Preprints

doi.org/10.31219/osf.io/pz26n

Cultivating a Global Child and Adolescent Psychiatry Research Workforce: Insights from the 17th International

Training Research Seminar in Child and Adolescent Psychiatry

Moa Jederström, Yoon Jae Cho, Pranav Jayaraman, Piergiorgio Mandarano, Ashley McCray, Ayşegül Tuğba Hıra Selen, Mai Tuyet Do (2025) | 2025/3/19, 1-3 | Academic Psychiatry | Springer International Publishing

doi.org/10.1007/s40596-025-02124-8

Do «Tears Come from the Heart» [L. Da Vinci]? | Conference poster

2022

SR Piergiorgio Mandarano, Paolo Ossola, Paolo Castiglioni, Andrea Faini ... EAPM 2022

[10.13140/RG.2.2.17768.14084](https://doi.org/10.13140/RG.2.2.17768.14084)

Second line volunteering in Lombardy COVID-19 emergency as a perspective on medical education and psychological distress

2021

P Mandarano, V Squatrito, A Mariotti, G Presti Clinical Neuropsychiatry 18 (5), 278

doi.org/10.36131/cnfioritieditore20210506

Dante Alighieri (1265–1321): an “infernal” endocrinological observation

2022

P Mandarano, G Masciangelo, E Armocida Hormones, 1-3

doi.org/10.1007/s42000-021-00336-9

Risk factors associated with mortality among patients with COVID-19 in intensive care units in Lombardy, Italy

2020

This study found that most critically ill patients with coronavirus disease 2019 in the intensive care unit required invasive mechanical ventilation, and mortality rate and absolute mortality rate were high.

G Grasselli, M Greco, A Zanella, G Albano, M Antonelli, G Bellani, ... JAMA internal medicine 180 (10), 1345–1355

[10.1001/jamainternmed.2020.3539](https://doi.org/10.1001/jamainternmed.2020.3539)

Progetti

Target profiles for suicidality prevention with role-playing interventions in adolescence

Attuale

Conferenze/seminari

Conference of the European Association of Psychosomatic Medicine

08/06/2022 – 11/06/2022

Vienna, Austria

17th International Research Training Seminar in Child & Adolescent Psychiatry

03/03/2024 – 08/03/2024

Rome, Italy

32nd European Federation of Psychiatric Trainees (EFPT) Forum

01/07/2024

Riga, Latvia

Volontariato

Scout leader – WOSM

Attuale

Treviglio