



Giovanni Boido

Nationality: Italian | **Gender:** Male

WORK EXPERIENCE

 – MILAN, ITALY

RESIDENT IN PSYCHIATRY – 1 NOV 2021 – 31 OCT 2025

Completed a four-year Psychiatry Residency Programme at the University of Milan (ASST Santi Paolo e Carlo). During my training, I worked across multiple services within the Mental Health Department, including inpatient psychiatric wards, Emergency Psychiatric Units, Day Hospital, Community Mental Health Centres, and the Eating Disorders Department.

 **UNIVERSITY COLLEGE OF LONDON** – LONDON, UNITED KINGDOM

EXCHANGE VISITOR RESEARCHER AT DIVISION OF PSYCHIATRY, UCL, LONDON, UK – 1 SEP 2024 – 31 AUG 2025

During my time in London, I actively contributed to several research activities and to the writing of an umbrella review on intellectual disability. I attended modules from a Master's programme in neurodevelopmental research and research methodology, and I took part in the monthly training programme at the North London Foundation Trust in the field of Intellectual Disability. I also gained clinical exposure to Intellectual Disability (ID) psychiatric services.

 **FONDAZIONE IRCCS CA'GRANDA OSPEDALE MAGGIORE POLICLINICO** – MILAN, ITALY

VACCINATOR DOCTOR – 2021 – 2021

EDUCATION AND TRAINING

3 NOV 2025 – CURRENT Milano, Italy

PSYCHIATRIST Università degli Studi di Milano

8 MAY 2025 – CURRENT London, United Kingdom

FULL LICENCE TO PRACTISE General Medical Council

1 DEC 2024 – 18 JAN 2025

CORSO DI PERFEZIONAMENTO: PSICOFARMACOLOGIA COMPORTAMENTALE NEI DISTURBI DEL NEUROSvilUPPO ("ADVANCED COURSE: BEHAVIORAL PSYCHOPHARMACOLOGY IN NEURODEVELOPMENTAL DISORDERS") Associazione Modello di Intervento Contestualistico sulle Disabilità Intellettive e dello Sviluppo

This advanced course, conducted asynchronously and online, is led by experts in psychopharmacology focusing on the behavior of individuals with intellectual disabilities. Among the principal tutors for the course are Dr. Bertelli and Dr. Giuseppe Chiodelli.

Website <https://amicodi.org/corso-di-perfezionamento/psicofarmacologia-comportamentale>

30 OCT 2020 – CURRENT Milano, Italy

REGISTRATION WITH THE BOARD OF MEDICAL SURGEONS Ordine dei Medici Chirurghi e degli Odontoiatri

13 OCT 2020 Milan, Italy

DEGREE IN MEDICINE AND SURGERY (110/110) Università degli Studi di Milano

LANGUAGE SKILLS

Mother tongue(s): **ITALIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
GERMAN	A2	A2	A1	A1	A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

IBM Statistical package for Sciences (SPSS) | Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access

CONFERENCES AND SEMINARS

28 NOV 2024 – 29 NOV 2024 Liverpool, UK

National Psychiatry of Intellectual Disability Trainee Conference

6 APR 2024 – 9 APR 2024 Budapest

Mental Health: Open and Inclusive! - European Psychiatric Congress

Link <https://2024.epa-congress.org/>

25 OCT 2023 – 28 OCT 2023 Napoli

Treatments in Psychiatry 2023 - Società Italiana di Psichiatria Biologica, 13° Congresso SIPB

14 SEP 2023 Pavia

Giovani Psichiatri di fronte a nuove sfide e nuove opportunità - Società Italiana di Psichiatria, Sezione Lombardia

21 APR 2023 Online platform

Il rischio suicidario - Formazione Continua Studi Cognitivi

27 OCT 2022 – 28 OCT 2022 Sorrento

Modelli Innovativi e Prospettive a Confronto per la Ricerca, la Psicopatologia e il Trattamento dei Disturbi dell'Alimentazione - V Congresso Nazionale SIPA

18 JUN 2022 – 23 JUN 2022 Rome

Vulnerabilità, Risorse, Cambiamenti - XXVI Congresso Nazionale SOPSI

29 JAN 2020 – 31 JAN 2020 Milan

Quando tutto cambia - Ricerca, innovazione, tecnologia e orizzonti in neuropsicofarmacologia - XXI Congresso Nazionale SINPF

PUBLICATIONS

2025

Prevalence of mental disorders in people with ID across the lifespan: an umbrella review

Authors: Jacopo Santambrogio, Giovanni Boido, Mattia Marchetti, Sonya Rudra, Filippo Besana, Emma Francia, Sergio Terrevazzi, Davide Papola, Corrado Barbui, Marco O Bertelli, Massimo Clerici, Armando D'Agostino, Louise Martson, Angela Hassiotis

2025

Prevalence of Mental Disorders in Parents with IDs: Systematic Review and Meta-Analysis

Authors: S Rudra, L Marston, A Hassiotis, G Boido, M Baginsky, CA Wilson

2025

[Camera Movement Impacts on Mu-Wave Activity During Action Observation in Adults With Autism Spectrum Disorders Without Intellectual Disabilities](#)

Nisticò V, Del Giudice R, Serio F, Boido G, Ingrosso G, Lombardi F, Sanguineti C, Casula V, Baccara A, Chiudinelli E, Vairano F, Panzeri FM, Giori M, Inghilleri di Villadauro PM, Faggioli R, Gambini O, Subini T, Demartini B. Autism Res. 2025 Feb 27. doi: 10.1002/aur.70012. Epub ahead of print. PMID: 40013341.

Autism Res. 2025 Feb 27. doi: 10.1002/aur.70012. Epub ahead of print. PMID: 40013341.

2025

Determinants of patient satisfaction in clozapine users: results from the Clozapine International Consortium (CLOZIN)

van der Horst MZ, de Boer N; **CLOZIN collaborators**; Okhuijsen-Pfeifer C, Luykx JJ. Schizophrenia (Heidelb). 2025 Feb 23;11(1):28. doi: 10.1038/s41537-025-00570-9. PMID: 39988615; PMCID: PMC11847932.
Clozin collaboratores: Ahmet Müderrisoğlu, Alba Toll Privat, Alde Bouhuis, Alkomiet Hasan, Amy Jongkind, Ana Gonzalez-Pinto, Anna Mane Santacana, Armando D'Agostino, Aygün Ertuğrul, A. Elif Anıl Yağcıoğlu, Benedicto Crespo-Facorro, Bernhard T. Baune, Bianca Sanchez-Barbero, Carlos Spuch, Carla Lou Morgenroth, Carmen Fernandez de Pinedo, Cecilia Casetta, Chad Bousman, Christa Hohoff, Christos Pantelis, Claudia Ovejas-Catalán, Clemente Garcia-Rizo, Cynthia Okhuijsen-Pfeifer, Dan Cohen, Dragana Ignjatovic Ristic, Edwin Beld, Eila Repo-Tiihonen, Elias Wagner, Ellen Jeger-Land, Elisabet Vilella, Emilio Fernandez-Egea, Erwin Bekema, Esteban Sepúlveda, Federico Wiedenmann, Francesca Martini, Francesca Serio, Francesca Vairano, Giacomo Mercuriali, **Giovanni Boido**, Gökhan Yoca, Hanneke van Beek, Harm Gijsman, Heli Tuppurainen, Ian Everall, Ivona Novakovic, Inaki Zorrilla, İ. Mert Erdoğan, Jacopo Sapienza, Jan Bogers, Jari Tiihonen, Javier Vázquez-Bourgon, Jim van Os, Johannes Schneider-Thoma, Jurjen Luykx, Koen Grootens, Lorea Mar-Barrutia, Lourdes Martorell, Maarten Bak, Marco Spangaro, Marco Zierhut, Marije de Vos, Mariken de Koning, Marina Garriga, Markku Lähteenvuo, Marta Bosia, Marte van der Horst, Melih O. Babaoğlu, Mike Veereschild, Mirko Manchia, Mishal Qubad, Monika Edlinger, Paloma Fuentes-Pérez, Pasquale Paribello, Purificacion Lopez-Pena, René Kahn, Robert A. Bittner, Roberto Cavallaro, Selene Veerman, Stefan Gutwinski, Stefanie Schreiter, Stephan Ripke, Tania Rivera Baltanás, Tatiana Oviedo-Salcedo, Tero Hallikainen, Thomas Görlitz, Wouter Alink, Yavuz Ayhan.

van der Horst MZ, de Boer N; CLOZIN collaborators; Okhuijsen-Pfeifer C, Luykx JJ. 2025 Feb 23;11(1):28. doi: 10.1038/s41537-025-00570-9. PMID: 39988615; PMCID: PMC11847932.

2024

BIPOLAR DISORDER: A QUALITATIVE OBSERVATION OF GENDER DIFFERENCES IN THE CONTEXT OF PSYCHOEDUCATION

Poster for **XV Congresso Nazionale SPR-IAG- Psicoterapia e ricerca in un mondo che cambia**

Alietti M. (1,2), Boido G. (1,2), Macali D.F. (1,2), Folatti I. (1,2), Nardo A. (1,2). Poster. XV Congresso Nazionale SPR-IAG- Psicoterapia e ricerca in un mondo che cambia

2024

Updating Prospective Self-Efficacy Beliefs About Cardiac Interoception in Anorexia Nervosa: An Experimental and Computational Study

"Alkistis Saramandi, Laura Crucianelli, Athanasios Koukoutsakis, Veronica Nisticò, Liza Mavromara, Diana Goeta, Giovanni Boido, Fragiskos Gonidakis, Benedetta Demartini, Sara Bertelli, Orsola Gambini, Paul M. Jenkinson, Aikaterini Fotopoulou"

Saramandi et al. 2024 - Computational Psychiatry

2024

Neuroatypical "Moving Mirrors": exploring the impact of camera movements on individuals with Autism Spectrum Disorders without intellectual disabilities

Oral Presentation of e-Poster EPA - 2024

2023

"Comprehensive dissection of prevalence rates, sex differences, and blood level-dependencies of clozapine-associated adverse drug reaction"

Marte Z. van der Horst, Yoeki Meijer, Nini de Boer, Sinan Guloksuz, Alkomiet Hasan, Dan Siskind, Elias Wagner, **CLOZIN consortium**, Cynthia Okhuijsen-Pfeifer, Jurjen J. Luykx, **Psychiatry Research**, Volume 330, 2023, 115539, ISSN 0165-1781.

2023

"Updating Prospective, Self-Efficacy Beliefs About Cardiac Interoception in Anorexia Nervosa: An Experimental and Computational Study"

"Alkistis Saramandi^{1*}, Laura Crucianelli^{1,2*}, Athanasios Koukoutsakis¹, Veronica Nisticò^{1,3,4,5}, Liza Mavromara^{1,6}, Diana Goeta⁷, Giovanni Boido³, Fragiskos Gonidakis⁶, Benedetta Demartini^{1,3,4,7}, Sara Bertelli⁷, Orsola Gambini^{3,4,7}, Paul M Jenkinson^{1,8}, Aikaterini Fotopoulou¹"

PsyArXiv Preprints, 2023

2021

"The effect of eight yoga sessions on Interoceptive Accuracy, Confidence and Awareness in a sample of patients with Eating Disorders: a preliminary study"

Poster EPA

● **VOLUNTEERING**

2015 – JAN 2024 Milan

Scout Educator

In 2018 completed the scout leader training and awarded with the Wood Badge by AGESCI, the Association of Catholic Guides and Scouts of Italy.

● **DRIVING LICENCE**

Driving Licence: B